

as we are

HEALTH

HEALING

SUPPORT

COMMUNITY

CULTURE

BCA 



RAFIKI
WELLNESS

Real Talk: Wednesdays 10am–12pm

This weekly drop-in support group is for people looking to identify viable solutions to life challenges including HIV, substance use, sex, relationships, isolation, health, grief, loss and other concerns. **Real Talk** welcomes people from diverse racial, ethnic, sexual orientations and experiences. **Breakfast is provided.**

Positive Living: 2nd Friday of the month, 12pm–2pm

These workshops are designed for people living with HIV/AIDS and will increase participant's knowledge about co-factors which impact health. **Lunch is provided.**

October: Real Talk – Oct. 5, 12, 19, 26 | Positive Living: HIV & Women – Oct. 14

November: Real Talk – Nov. 2, 9, 16, 23, 30 | Positive Living: HIV & Nutrition – Nov. 11

December: Real Talk – Dec. 7, 14, 21, 28 | Positive Living: HIV & Hepatitis C – Dec. 9

All events are FREE and held at

2800 Third Street @24th Street, San Francisco, CA 94107
Francis Broome | 415.615.9945 x114 | fbroome@bcoa.org

Sponsored By:

